



FREE MEDICINE: Opening to the Sacred

An evening talk and musical meditation with Pir Elias Amidon

Monday, October 24, 2016 at the Soefi Centre The Hague,

Anna Paulownastraat 78, 2518 BJ, The Hague

Starting at 19:30 hours

We live in a sacred reality. Each moment is alive with pure presence — what Sufis call the “First Presence.” Our ancestors knew this, and for millennia have tried to describe it through the revelations of organized religions. While humanity’s religions have given birth to great beauty, inspiration, and consolation, over time many of them have also reduced our experience of the sacred to obedience and devotion to a patriarchal God and to the religious dogmas and institutions associated with “Him.” Because of this, many people have now turned away from religion altogether.

But *reality is as sacred as ever*, and our fundamental intuition of this sacredness seeks to be experienced and celebrated in us — with or without adherence to specific religious forms and beliefs.

In this evening talk we will experience together a few simple ways to open to this sacred reality — the “free medicine” Rumi speaks of — that is the source of all ease and well-being.

The talk will be followed by a musical meditation.

Pir Elias Amidon is the spiritual director of the Sufi Way, a non-sectarian mystical school in the lineage of Pir-o-Murshid Inayat Khan, dedicated to spiritual awakening and friendship. For many years, Pir Elias has worked for peace and environmental justice in the Middle East and Southeast Asia. ***Free Medicine*** is the title of his most recent book.